

## Virginia Department of Health DIVISION OF ENVIRONMENTAL EPIDEMIOLOGY

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#### Cat scratch Disease or Bartonella henselae

#### What is Cat scratch disease?

Cat scratch disease (CSD) is bacterial disease caused by *Bartonella henselae*. Cats are the main reservoir of this organism.

#### Who gets Cat scratch disease?

Anyone bitten, scratched, licked or exposed to an infectious cat or kitten is susceptible to the disease.

#### Where is Cat scratch disease found?

Any domestic cat has the potential to be a reservoir for this disease. Infectious cats usually appear healthy. Fleas and ticks that infest cats may be infected as well.

### How is Cat scratch disease spread?

Transmission usually occurs when an infectious cat or kitten bites, scratches or licks a susceptible person. Cat fleas are not known to transmit the disease to humans.

#### What are the symptoms?

A red papular lesion may appear at the site of the exposure and a lymph node near the exposure site may swell. Sometimes a person with CSD may experience fever, headache, fatigue, and a poor appetite.

#### How soon after the exposure do the symptoms appear?

The primary lesion usually appears in 3 to 14 days. The swollen lymph node may occur 5 to 50 days after the exposure.

# **Do** infected people need to be excluded from work or school? No.

#### What is the treatment for Cat scratch disease?

Treatment is not recommended for healthy people with uncomplicated disease. Immunocompromised patients will be treated with long term antibiotics.

#### How can Cat scratch disease be prevented?

Clean cat scratches and bites thoroughly. Wash your hands after handling a cat, especially a kitten. Protecting your cat from fleas and ticks may reduce the likelihood of your cat being infected.